



# Greasyby Junior School

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Headteacher: Mrs Emma Ball



**Care, Courtesy and Consideration**

**Newsletter: 13.10.23**

## Merit of the Week



**Year 3:** Josh L & Ben W

**Year 4:** Rose W & Oscar B

**Year 5:** Grace P & William G

**Year 6:** Megan S & Will C

## Attendance

**Year 3:** 96.3%

**Year 4:** 96.9%

**Year 5:** 97.5%

**Year 6:** 97.4%

**Whole School:** 97.0%



## Kindness Awards

**Year 3:** Matilda H

**Year 4:** Isaac H

**Year 5:** Ellie M

**Year 6:** Joseph S-W



## Golden Table Awards



**Year 3:** Matilda H

**Year 4:** Oliver S

**Year 5:** Imogen E

**Year 6:** Robin G

## What's on at school next week?

(Week beginning 16<sup>th</sup> October)

### **Monday:**

Homework Club (12:00pm)

Yr3/4 Football Club (12:30pm)

Yr3-6 Gardening Club (12:30pm)

Recorder Club (12:30pm)

### **Thursday:**

Homework Club (12:00pm)

Yr5 Friendship Workshops (AM)

Cross Country (12:30pm)

School Council (12:30pm)

Yr4-6 Time Out Thursday (12:30pm)

Chess Club (3:35pm)

### **Tuesday:**

Homework Club (12:00pm)

Drama with Desna (12:30pm)

### **Wednesday:**

Yr5/6 Boys Football Club (12:30pm)

DISCO (6:30-8pm)

### **Friday:**

**SCHOOL CLOSED – INSET DAY**



Please find attached the letter regarding the flu vaccination at GJS. Please open the attached letter and click on the link provided to register your child for their vaccine.

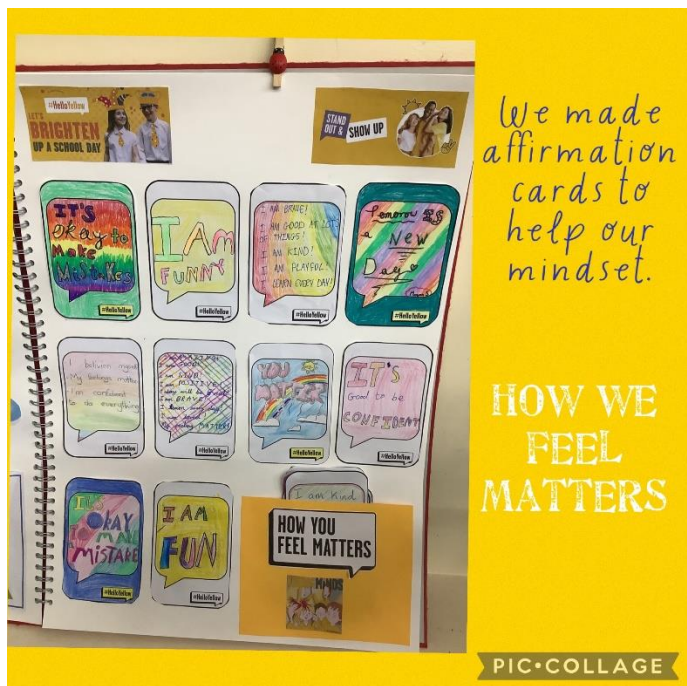
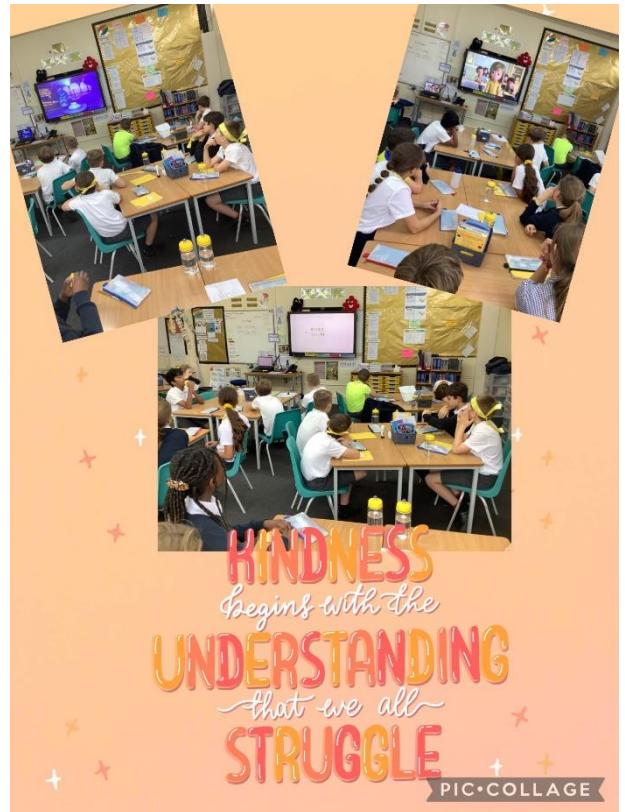
## Protecting your child against flu

Flu immunisation in England

Information for parents and carers

## World Mental Health Day

What a wonderful day celebrating! The school was alive and smiling with the colour yellow. Mental health is so important to us all. In order to look after one another, we must look after ourselves first. That is why it is such a privilege to educate our children about how to stay mentally healthy – making the next generations stronger and more resilient and readier to take on the world!





## National Sleep Helpline

Sleep is essential to brain function, by helping children to sleep better, we can help them to succeed in school. However, we often hear that children sleep poorly, either because they struggle to fall asleep at a reasonable hour or they are wakeful in the night. Did you know at any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues.

Please find attached to this week's newsletter a flyer about the national sleep helpline and what services and support they can offer families. The helpline is open 5 times a week,

- Monday, Tuesday, Thursday evenings 7-9pm, and
- Monday, Wednesday mornings 9-11am.
- The number is 03303 530 541.



## Non-Uniform Day

As is tradition here at GJS, the last day of each half term is an optional non-uniform day. It's a small way of celebrating the end of a busy half term for our pupils, but also a simple way of raising much-needed money for the school – all money raised goes directly back to children in the resources we buy. The cost for this optional non-uniform day is £1 (£6 for the whole year). For any children wishing to participate in the optional non-uniform days throughout the year, the £6 payment is to be made your Arbor account.

Thank you to those who have made their donations already – we appreciate your kindness and support.

## Can we help a member of our school community?



One of our families is raising money for Ataxia UK, a charity very close to their hearts since their son, Oliver, was diagnosed with Friedreichs Ataxia, which is a rare degenerative neuromuscular disease. To raise money, they will be running the London Marathon to raise funds for this charity. Please find a link to their [GoFundMe](#) page for anyone who is able and willing to donate. Also, just sharing this link with others can help – let's spread the word to help a member of our community.



## Online Safety

They might not be able to pinpoint its location on a map, and they might not fully grasp the historical and political drivers behind the conflict – but in this age where news, images and video can cross continents in seconds, many children are now aware of the terrible recent events in Israel. It's a situation, of course, that could cause youngsters extreme distress and worry.

Our #WakeUpWednesday guide contains some valuable pointers for supporting children to deal with upsetting content they've encountered online – whether that's the attacks in Israel, ongoing worries over the environment, or something else entirely. Our tips will assist trusted adults in helping young people to process any negative emotions that they may be feeling.

## Menu

Please note with school being closed on Friday, we are swapping Friday's menu to Thursday.

Please see the school website for allergy menus.

# WEEK ONE

AVAILABLE DAILY – SELF SERVICE BAR  
Salad bar, fruit bar, homemade breads & water.

## Monday

<b>MAIN MEAL</b> Pepperoni pizza GLUTEN/MILK/MUSTARD/SOYA	<b>JACKET POTATO FILLINGS</b> Baked beans Cheese MILK Tuna mayo EGG/FISH
<b>VEGGIE MEAL</b> Margherita pizza GLUTEN/MILK	
<b>SIDES</b> Baked jacket wedges Sweetcorn & carrots	<b>SANDWICHES</b> Ham GLUTEN/MILK/SOYA Cheese GLUTEN/MILK/SOYA Tuna mayo EGG/FISH/GLUTEN/MILK/SOYA Chicken tikka wrap GLUTEN
<b>DESSERT</b> Banana flapjack GLUTEN	

## Tuesday

<b>MAIN MEAL</b> Bangers & mash GLUTEN/MILK/SULPHITES	<b>JACKET POTATO FILLINGS</b> Baked beans Cheese MILK Tuna mayo EGG/FISH
<b>VEGGIE MEAL</b> Veggie bangers & mash MILK/SOYA	
<b>SIDES</b> Mashed potato MILK Peas & carrots Gravy	<b>SANDWICHES</b> Ham GLUTEN/MILK/SOYA Cheese GLUTEN/MILK/SOYA Tuna mayo EGG/FISH/GLUTEN/MILK/SOYA Chicken tikka wrap GLUTEN
<b>DESSERT</b> Pineapple upside down cake with custard GLUTEN/MILK/EGG	

## Wednesday

<b>MAIN MEAL</b> Roast chicken dinner with Yorkshire pudding GLUTEN/MILK/EGG	<b>JACKET POTATO FILLINGS</b> Baked beans Cheese MILK Tuna mayo EGG/FISH
<b>VEGGIE MEAL</b> Veggie roast dinner with Yorkshire pudding GLUTEN/MILK/EGG	
<b>SIDES</b> Roast potatoes Roasted root vegetables Gravy	<b>SANDWICHES</b> Ham GLUTEN/MILK/SOYA Cheese GLUTEN/MILK/SOYA Tuna mayo EGG/FISH/GLUTEN/MILK/SOYA Chicken tikka wrap GLUTEN
<b>DESSERT</b> Chocolate crunch GLUTEN/EGG	

## Thursday

<b>MAIN MEAL</b> Pasta Bolognese GLUTEN	<b>JACKET POTATO FILLINGS</b> Baked beans Cheese MILK Tuna mayo EGG/FISH
<b>VEGGIE MEAL</b> Tomato penne pasta GLUTEN	
<b>SIDES</b> Garlic bread Pasta Green beans & parrotelli	<b>SANDWICHES</b> Ham GLUTEN/MILK/SOYA Cheese GLUTEN/MILK/SOYA Tuna mayo EGG/FISH/GLUTEN/MILK/SOYA Chicken tikka wrap GLUTEN
<b>DESSERT</b> Strawberry cheesecake GLUTEN/MILK	

## Friday

<b>MAIN MEAL</b> MSC fish finger bap GLUTEN/FISH/SOYA	<b>JACKET POTATO FILLINGS</b> Baked beans Cheese MILK Tuna mayo EGG/FISH
<b>VEGGIE MEAL</b> Cheesy & tomato panini GLUTEN/MILK	
<b>SIDES</b> Oven baked chips Baked beans or peas	<b>SANDWICHES</b> Ham GLUTEN/MILK/SOYA Cheese GLUTEN/MILK/SOYA Tuna mayo EGG/FISH/GLUTEN/MILK/SOYA Chicken tikka wrap GLUTEN
<b>DESSERT</b> Pear & chocolate sponge with custard GLUTEN/MILK/EGGS	

**Allergen Coding:** ALLERGENS ARE IDENTIFIED UNDERNEATH EACH DISH

Week Commencing – 4<sup>th</sup> September, 25<sup>th</sup> September, 16<sup>th</sup> October.



## Community Events

**NEW in NESTON !!**  
**Children and Adult's BEGINNERS**  
**Classes**

**CHILDREN'S**  
**BALLROOM & LATIN**

**Starting :-**  
**Wednesday**  
**15th November 2023**

**7:30 pm - 8:30 pm**  
**Adults**  
**Beginners Class**  
**£7pp pay as you go .**

**Starting :-**  
**Thursday**  
**16th November 2023**

**6:30 pm till 7:30 pm**  
**Childrens**  
**Beginners Class**  
**£5pp pay as you go.**

**Neston Civic Hall, Hinderton Road, Neston , CH64 9PE**



**ADULT'S**  
**BALLROOM & LATIN**

**Contact us :-**  
**Victoria:- 07969 453639**  
**Steve:- 07425 154385**  
**Facebook , instagram**  
**www.bedazzledance.co.uk**

**BEDAZZLED**



## October Performing Arts Holiday Club

Monday 23rd & Tuesday 24th October £55	Wednesday 25th & Thursday 26th October £55
<b>£100 Monday-Thursday</b>	
<b>Under The Sea</b>	<b>Fabulous Felines</b>
	
Based around Little Mermaid & Moana	Based around Lion King & Cats
<p>Following on from the success of our Matilda workshops in the summer, these 2-day workshops will include learning songs and dances from the shows as well as drama games and other activities linked to the themes. There will be a short showcase for families on the second day of each workshop.</p> <p>Book onto the two days you prefer or come and do both!</p>	
<p>Time - 9.00 - 3.00            Place - St Bridget's Primary School, West Kirby            Age 6-11</p>	
Email - <a href="mailto:info@turningtideseducation.com">info@turningtideseducation.com</a> to book your place	

Thank you for your continued support.

Yours sincerely,

*EBall*

Mrs Emma Ball,  
 Headteacher

### INSET Days 2023-2024

Monday 4<sup>th</sup> September

Tuesday 5<sup>th</sup> September

Friday 20<sup>th</sup> October

Monday 8<sup>th</sup> January

Friday 24<sup>th</sup> May

